

eXtreme 5

challenge



SATURDAY 7TH JULY 2012

The Young Mariners, Riverside Drive, Richmond, Surrey



1.5km swim



10km kayak



40km cycle



10km run



Fund raise for a charity of your choice

**Enter as a team of up to 4
people (entry fee £200* /
£240)**

**OR an individual (entry
fee £50* / £60)**

(* Early bird entry fee if received by 31 January 2012)

For more information and to enter visit:

www.extreme5challenge.co.uk

or call us on (0845) 0568379



Proud supporters of
Homes in Zimbabwe
UK registered charity
number 1104512



Affiliated member -
part of the 2012
National Trophy
series